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Paris Fashion Week is a whirlwind. With back-to-back shows and parties that last into the wee hours, it can be an overwhelming experience even for seasoned attendees. But for first-timer Sofia Carson, the mayhem made for nonstop fun. As the star of the **Descendants** films and a musician with a catchy single, "Back to Beautiful," Carson is the latest in a long line of multitaskers to emerge from Disney, one whose personal style is also worthy of the spotlight. While other stars are busy with the latest in athleisure, Carson displays a refreshingly polished look. She cites old Hollywood icons, such as Audrey Hepburn and Grace Kelly, as inspirations and name-checks sophisticated designers, including Giambattista Valli and Mugler's David Koma as favorites. At just 23, Carson already knows her Akris from her Alaïa and speaks of fashion shows with the passion of a true devotee. "It's so different feeling the energy of being in the room and watching the models walk past you," says Carson. "It's a whole different experience from watching the collection online or looking at pictures on Instagram." Carson made the most of her time in Paris with a fully booked schedule that included tea with Monique Lhuillier, who designed her princess-y Oscars dress, and trips to local hotspots like L'Avenue and Hôtel Costes.

Working with stylist Jeff K. Kim, Carson pulled together a stunning wardrobe of attention-grabbing dresses and statement outerwear for the week. Here, Carson shares the story behind each look and the runway pieces she can't wait to wear.