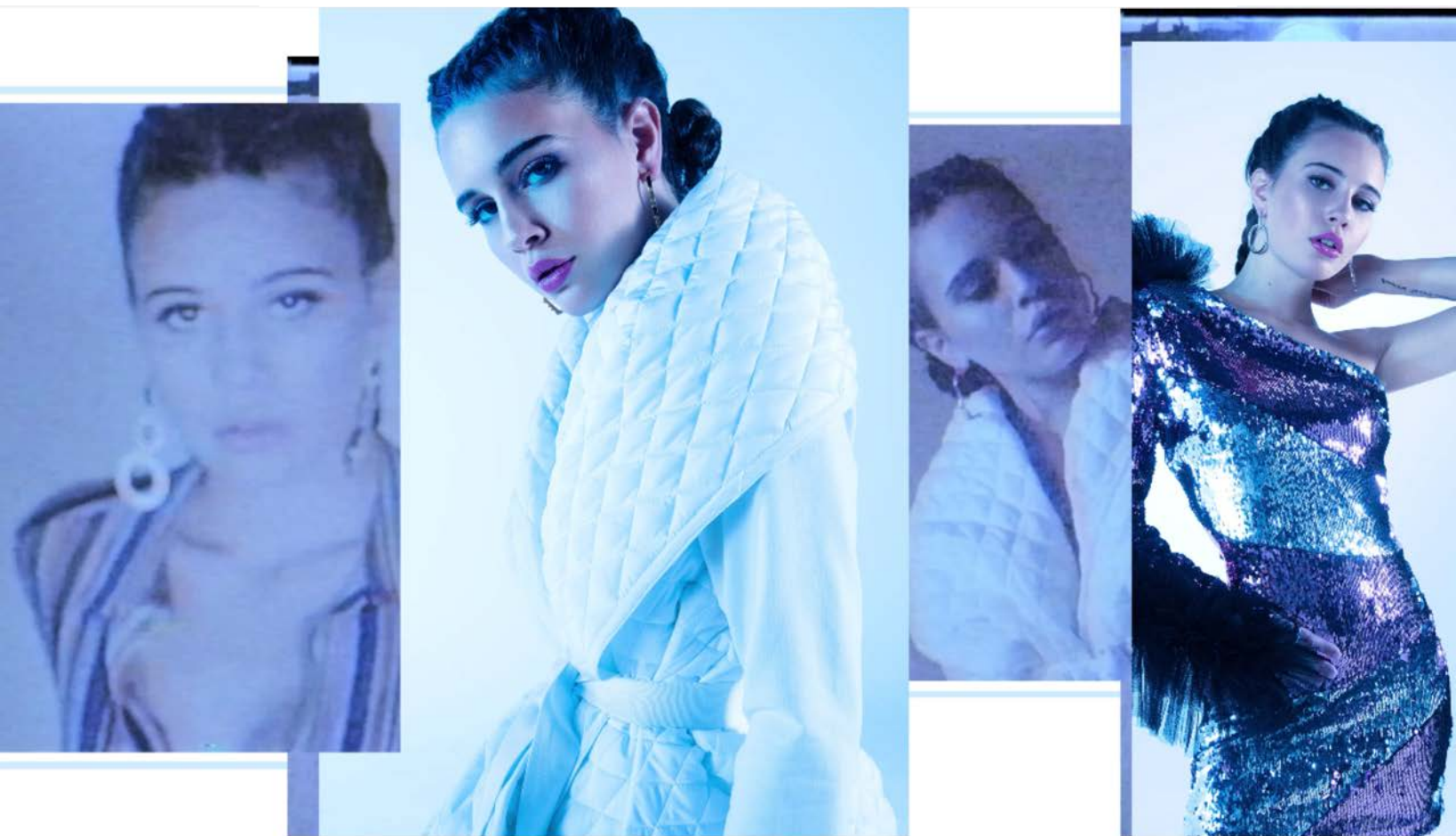


COSMOPOLITAN



Up-and-Comer Bea Miller on What It's Really Like to Become a Pop Star

SUCCESSFUL SINGERS HAVE ANXIETY TOO.

Bea Miller may be just 19, but she knows the spotlight — the former *X Factor* contestant just released her sophomore album *Aurora*, featuring lead single "S.L.U.T.," and has toured with both Demi Lovato and Selena Gomez. But she still can't wrap her head around the idea of being famous.



"I feel like kind of a dick being like, 'I'm a pop star,'" Miller admits to Cosmopolitan.com. "I feel weird even, like, thinking of myself that way."

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But at this point there's no denying: Miller is a phenomenon in the making. And she's already learned a lot along the way.



Here, she opens up about the challenges of fame and the music industry for a young woman on the rise.



RUBEN CHAMORRO

ON GROWING UP IN THE SPOTLIGHT

"I'm 19. I'm in the process of growing up and figuring out where I'm supposed to be in my life. But it is kind of weird when I realize that other people look to me as inspiration. And that if I do something that isn't inspirational, that that affects them probably more deeply than I even understand."

ON HARD WORK

"Most people on the outside think that being an artist is like the best thing ever in the world and it's so easy, and like, all you have to do is just sit and look pretty and sing songs. It does take a lot of work and you do have to do a lot of things and kind of be on a

lot which is, I think, a lot more exhausting than people realize."

ON HER ANXIETY

"I have mild social anxiety to an extent where, when I'm talking to a new person, literally the only thing I can think in the back of my head is: 'What do I say when they're done talking?' And so it's weird when like, a huge part of your job and your life is to talk to people about yourself and what you're doing."

ON BEING THREE-DIMENSIONAL

"Just because you see me singing up on a stage doesn't mean I don't have real life behind it."



RUBEN CHAMORRO