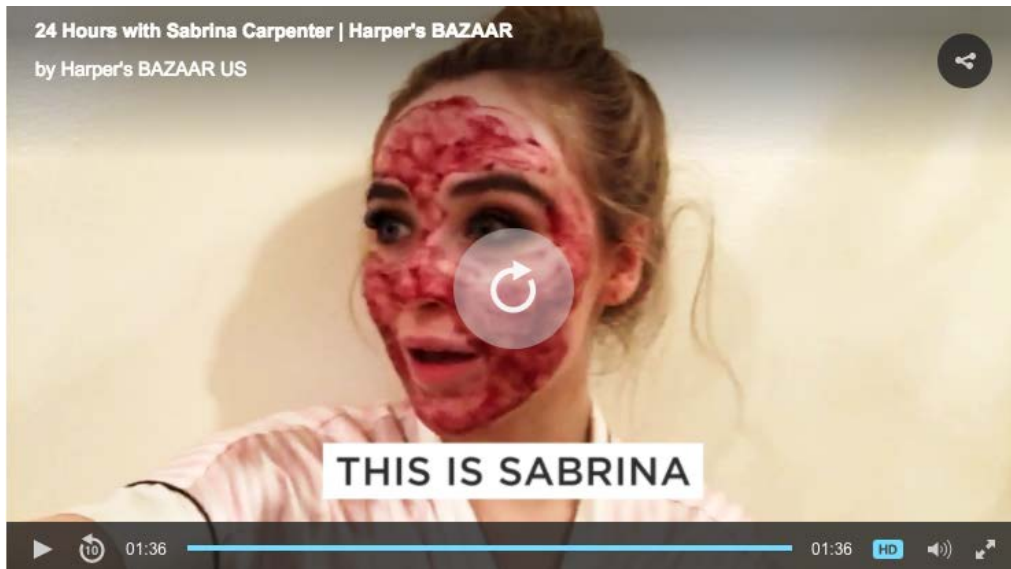


# BAZAAR<sup>Harper's</sup>

## 24 Hours with Sabrina Carpenter

*See how the starlet got ready for the American Music Awards.*



What do you do on the day of a major awards show? For music starlet and Disney alum Sabrina Carpenter, the pre-ceremony prep includes serious skincare, a calming routine and a ton of tea. We spent the day with the 18-year-old as she got ready for the American Music Awards two weeks ago.

Carpenter's pre-AMA diet included some fresh lemons, which she picked herself, for a hefty cup of warm tea. Her skincare routine featured a quick exfoliation sesh with the **Renée Rouleau Triple Berry Smoothing Peel** "for a brilliant glow," she advised. To unwind, the *Girl Meets World* star had a candlelit bath and jammed out to vinyls like The Beatles' *Love Songs*.

After sifting through racks of clothing, Carpenter chose her look for the night: a tartan coat dress by **Missoni** and Casadei nude over-the-knee boots. A pair of gold statement earrings peaked out from behind her loose blonde waves, which she kept in a half-up 'do. Her smokey pink makeup look, done by **Allan Avendaño**, was all courtesy of Revlon. (Check out that strong brow game!)



After the final touch-ups, a few kisses from her dog and an epic slow-motion hair flip, Capenter was all ready to go. Though she wasn't nominated for any awards that night, she took on the red carpet and stage like a winner.

Look out for Sabrina on **the iHeart Radio Jingle Ball tour** this month in cities across the U.S. Plus, the remixes for her Lost Kings collab, "First Love," are **out now**.