

MUSIC

Sabrina Carpenter Says Her New Song "Smoke and Fire" Isn't a Breakup Anthem

But it *is* about a relationship ending.

Ella Ceron FEB 19, 2016



"I don't describe it first as a breakup song, although anyone who has ears will," admits Sabrina Carpenter about her new song, "Smoke and Fire." With opening lyrics like "Our love is running into a burning building," you know she's talking about a relationship...but not quite in the way you'd first interpret.

"People talk regardless," Sabrina told *Teen Vogue* about the gossip that inevitably follows a breakup, "which is a big part of the song. The line, 'rumors spread like wildfire' sets that up from the start." After all, in the world of Instagram comments and Twitter rumors, who hasn't been subjected to nosy friends who want to know every last detail? The singer and actress says that the track "describes how it feels when a relationship comes to an end — and the very first part afterward — and dealing with that on your own. You don't have that person

there to talk to 24/7 anymore. The song came from a place where I was fresh out of the oven, maybe not in the best place, but it really makes me feel empowered when I sing it," she added.

Sabrina wrote the song about six months ago, during one of the first writing sessions for her new album. "It truly felt like the song wrote itself since I was just telling a story," she says. "I listen to music to when I'm feeling a certain way or to make myself feel a certain way. So why not make my own music inspired by true emotions?"

The song itself is upbeat and challenges the need people feel to gossip about a relationship. People have already speculated whether this song is about a breakup Sabrina herself went through, but she has a great outlook when it comes to that sort of scrutiny: "I handle the pressure by making more music to take their mind off of the latest thing."

"It always feels good to put something you're proud of out in the world," she adds. "This song has been my little secret for quite some time. Now it's the world's little secret."

<https://www.teenvogue.com/story/sabrina-carpenter-smoke-and-fire-interview>